

## Guided Meditation

### April 8, 2018

It is true. I stand at the door of your heart, day and night.

Even when you are not listening, even when you doubt it could be Me, I am there.

I await even the smallest sign of your response, even the least whispered invitation that will allow Me to enter.

And I want you to know that whenever you invite Me, I do come.....always and without fail.

Silent and unseen I come, but with infinite power and love, and bringing the many gifts of My Spirit.

I come with My mercy, with my desire to forgive and heal you, and with a love for you beyond your comprehension.

I come longing to console you and give you strength, to lift you up and bind all your wounds.

I come with My power that I might carry you and all of your burdens, to touch your heart and transform your life.

I know you through and through, I know everything about you.

Nothing in your life is unimportant to Me.

I have followed you through the years, and I have always loved you—even in your wanderings.

I know every one of your problems, I know your needs and your worries...and I know your sins.

But I tell you again that I love you not for what you have or have not done—I love you for you: for the beauty and dignity My Father gave you by creating you in His own image.

It is a dignity you have often forgotten, a beauty you have tarnished by sin.

But I love you as you are, and I have shed My blood to win you back.

My grace will touch all that needs changing in your life.

I know what is in your heart—I know your loneliness and all your hurts, your rejections, humiliations, judgments.

I carried all of that to the cross for you.

I will satisfy you and fill you.

I cherish you more than you can imagine.

Yes, that is the only way to even begin to describe my love for you: I thirst to love you, and to be loved by you.

That is how precious you are to Me.

Come to Me, and I will fill your heart and heal your wounds.

I will make you a new creation and give you peace, even in your trials.

Never doubt my Mercy.

Never doubt my acceptance of you.

Never doubt my desire to forgive you.

Never doubt my longing to bless you and live My life in you.

So I say to you, Come to Me and let me give you My rest.